

have a few questions on hand

What is dry eye? And can it get worse over time?



Could I have poor-quality tears or a poor quantity of tears? Or both?



Are there any lifestyle changes I can make to help reduce dry eye symptoms?



Are there any tests you can do for dry eye?



bring up the symptoms that bother you most



dry



gritty



blurry



itchy



red & irritated



stinging



feel like something's in there



teary



bothered by contacts



burning

think about how your symptoms are getting in the way



reading my favorite book



just when I'm hitting my workday groove



achieving a high score on your game



enjoying a breeze outdoors



binge watching my favorite TV show



driving home at the end of the day—during car radio karaoke



hiking on a bright sunny day



getting my social fix during girls' night